The Union Hospital Auxiliary has come a long way from conducting door-to-door campaigns asking for $1 from each household nearly 70 years ago.

The all-volunteer Auxiliary recently presented its largest-ever annual donation of $253,147 to hospital officials, bringing its all-time donation total to Union Hospital to exactly $4 million since its organization in 1949.

“This Auxiliary is just a wonderful group of women who are hard-working and simply love the hospital,” said Susan Mosher, president of the UH Auxiliary. “Reaching the $4-million mark is a remarkable milestone, but I’ve gotten so much more from the Auxiliary than I’ve given. It’s a wonderful organization.”

Fund-raising events conducted by the Auxiliary over the course of the past year generate the amount donated annually to the hospital. The gift was made during the Auxiliary’s annual luncheon meeting attended by Auxiliary members, hospital officials and public officials.

“You all step up when challenged and get better all the time,” said Bruce James, president and CEO of Union Hospital. “You’ve provided the hospital with more than $1 million in the last five years alone – that’s fantastic. The support provided to the hospital by the Union Hospital Auxiliary is a true blessing in our community.”

The new UPS Family Health Center North in Dover, opened early this year, immediately improved access and convenience for patients with the consolidation of two successful primary practices in one location.

Located across from Buehler’s off N. Wooster Ave. at 110 Dublin Dr., the office is open Mondays from 7 a.m. to 7 p.m. and Fridays from 7 a.m. to 5 p.m. The office has an on-site lab, larger patient exam rooms, space for health seminars and meetings and much more.

UPS Family Health Center North is part of Union Physician Services, the medical network of physicians and healthcare providers operated by Union Hospital.

UPS providers who see patients in the new location are Dr. John Burnham, Dr. Kristi Leindecker, Dr. Deepthi Singam, and Certified Nurse Practitioners Sandra Agnes and Kerri Pearch. The UPS Family Health Center North also offers the services of independent licensed social worker Teri Carpenter.

Burnham, Singam and Pearch formerly were associated with the Cross Street Family Practice in Dover, while Leindecker and Agnes formerly were with the UPS Family Healthcare office on the campus of Union Hospital.

New patients are welcome. For appointments at UPS Family Health Center North, call (330) 602-0778.

UPS has four primary care locations

Union Hospital now has four UPS locations devoted to primary care services, with a total of 14 family healthcare providers at locations convenient to families throughout Tuscarawas County.

+ UPS Family Health Center North in Dover, across from Buehler’s
+ UPS Central on the UH campus
+ UPS Newcomerstown
+ Alpine Family Medicine in Sugarcreek

For more information about the UPS network, or for a referral to a physician, call (330) 602-0778 or visit the physician directory on the Union Hospital website at www.unionhospital.org.
"I see a lot of community members who really care when I look out at our members," said Connie Finton, who chairs the annual Warther’s Christmas Tree Festival fund-raiser for the Auxiliary. "Our gift to the hospital today puts us at an amazing plateau of $4 million. How did we get here? It was from a group of people dedicated to the common cause of Union Hospital."

Mosher also introduced chairpersons of each fund-raising committee who oversee the work of each individual project. Others honored were the People’s Choice Award winners from the annual Chocolate Love A’fair event in February and the Warther’s Christmas Tree Festival held each November.

The annual gift to the hospital was presented to James by Mosher and Lorrie Hawk, Auxiliary treasurer, along with the past presidents of the Auxiliary who were in attendance. Mosher said that the $253,147 donation has been designated for the purchase of a wide variety of patient care equipment and improvements to the hospital facility.

The Auxiliary conducts numerous fund-raising events held annually including the Chocolate Love A’fair, Tea in the Garden, Hanging Basket Sale, Rummage Sale, Warther’s Christmas Tree Festival, Poinsettia Sale and Vera Bradley Bingo, along with other projects. The Auxiliary also operates the Corner Shop gift shop located just inside the hospital’s main entrance.

The UH Auxiliary always welcomes new members and ideas for fund-raising events and programs. For more information contact any Auxiliary member or call Holly Ripple in the hospital’s Community Relations Department at (330) 364-0884 or via e-mail at hollyr@unionhospital.org. Details about the Auxiliary also are available on the hospital’s website at www.unionhospital.org, and on the Union Hospital Auxiliary page on Facebook.

In various studies, the 3D Digital Mammography exams not only were able to find cancers that remained undetected by traditional mammograms, but also were able to significantly reduce the number of false exam results – cutting back the number of callbacks for unnecessary additional screenings.

Overall, 3D Digital Mammography has shown a 41-percent increase in the detection of invasive breast cancers compared to traditional technology, and a reduction in reported false results of up to 40 percent.

With 3D Digital Breast Mammography and the other diagnostic services available, the Union Hospital Radiology Department has been designated as a "Breast Imaging Center of Excellence" by the American College of Radiology (ACR). The designation came after a rigorous evaluation and review process by ACR physicians and medical physicists, and indicates that breast imaging at Union Hospital meets the highest standards in the Radiology profession.

Breast Imaging Center of Excellence status includes these imaging services:
- Mammography
- Breast Ultrasound
- Ultrasound-guided breast biopsy
- Stereotactic breast biopsy

Early detection remains the key to the successful treatment of breast cancer. Women should talk with their family physician about annual mammograms.

For more details, visit www.UHRadiology.com
Debra Fair, Union Hospital’s new Maternal/Child Nursing Manager overseeing the hospital’s Maternity Care Center, can relate a little bit to new parents and the complete disruption in everyday routines that comes with a baby – including but not limited to sleep patterns.

Fair’s recent change has left her sleepy at times, too. For nearly 25 years, she worked midnights until she moved to her new daytime position in the department where babies are born and spend their first hours.

“I can tell a difference from how I was used to working until this change, especially in the afternoons,” she said with a chuckle. “But I enjoy coming to work, especially when you have such a wonderful, dedicated and professional staff, and you see the joy they are taking part in with the families who come to the hospital for their new babies.”

Fair, a registered nurse, manages a staff of 30 nurses and eight support staff that handles the births of around 650 to 700 babies every year at the hospital.

“I get to see the babies in the nursery at times and see the happy moms and dads and that’s very gratifying,” she said. “You can feel it right then why our staff is so dedicated and are so good and focused on their jobs in serving the mothers, babies and their families.”

Fair, who has worked at Union Hospital since 2003, holds a bachelor’s degree in nursing from Malone University and a master’s degree in nursing from the University of Phoenix. She and her husband Jerry reside in Dover and will celebrate their 40th wedding anniversary this year. They have three adult children and five grandchildren.

Details and a “virtual tour” of the Union Hospital Maternity Care Center, which is located on the hospital’s third floor, are available on the hospital website at www.unionhospital.org. Parents and expectant parents who want to learn more about the center can contact the staff directly at (330) 364-0853.

Debra Fair is named maternal nursing manager

The Maternity Center at Union Hospital is designed for the needs of mothers and their babies with a warm, family-centered environment. From prenatal education to the time the new family goes home, the staff of the Union Hospital Maternity Center is committed to making childbirth a rewarding experience.

Krystle and Bryan Crowe of Uhrichsville chose Union Hospital’s Maternity Center to begin their family. Their first child, a daughter named Kamryn, was born in early April.

The couple’s experience with the Union Hospital Maternity Center included Childbirth Education class and tours of the center. When the time came for Kamryn to arrive, both Krystle and Bryan say they appreciated the personalized care they received—especially the caring attention of the nursing staff that took part in the birth of Kamryn, and care of mother and baby afterwards.

Providing patient care is a staff of five Board-Certified obstetrics/gynecology physicians, pediatric physicians and nurse practitioners and experienced maternity nurses for labor, delivery and post-partum care of mother and baby.

Where families are born

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The UH Maternity Center offers a variety of services both before and after baby arrives:

- **Orientation Tours** - Expectant families are welcome to tour the Center and talk to our staff. This is a good time to ask questions about the options available and become comfortable in the surroundings that will be so important to the family in the near future. For a personal tour, please call us at (330) 364-0853.

- **Childbirth Education Classes** - Couples who will be delivering their baby at Union Hospital are eligible to take part in our free Childbirth Education Class. The class meets on a Saturday from 8 a.m. to 1 p.m. and helps first-time parents know what to expect before, during and after the birth of their baby. Labor, anesthesia, Lamaze breathing techniques, newborn care and postpartum care are some of the topics covered.

- **Lactation Consultation** - The Lactation Office at the Union Hospital Maternity Center provides education and support for breastfeeding mothers while they are in the hospital and on an outpatient basis.

The Crowes are just one of more than 600 families over the past year that have chosen Union Hospital and agree... "Families Are Born at Union Hospital."

Please visit UHMaternity.com for information and a virtual tour of Center, including patient rooms, and delivery rooms.
HEALTH SCREENINGS

Healthy Heart Lipid Panel & Blood Pressure Screening
Finger-stick HDL, LDL and triglycerides and blood sugar reading. Fasting suggested. Cost is $9 – registration required
- May 17 – 7:30 to 11 a.m., Dover Buehler’s
- June 5 – 8:00 to 11 a.m., Dover Giant Eagle
- June 7 – 7:30 to 11 a.m., New Phila Buehler’s
- June 21 – 7:30 to 11 a.m., Dover Buehler’s
- July 5 – 7:30 to 11 a.m., New Phila Buehler’s
- July 19 – 7:30 to 11 a.m., Dover Buehler’s

Hemoglobin A1C Diabetic Screening
Non-fasting finger-stick check of long-term blood sugar management. Cost is $5 - registration required
- May 23 – 8 a.m. to noon, Dover Giant Eagle
- June 14 – 9 to 11 a.m., Senior Cent. in Dover
- July 10 – 8 a.m. to 10 a.m., YMCA in Dover
- July 25 – 8 a.m. to noon, Dover Giant Eagle

SPECIAL EVENTS

Chronic Pain Self-Management Program
Two registered nurses at Union Hospital will present this series of six weekly programs for people living with chronic pain. This program was developed by Stanford University and helps individuals better cope with the frustrations, poor sleep and other effects of living with chronic pain. Appropriate use of medications, nutrition and new treatment options will also be discussed. Registration for this free program is required.
- May 18 – June 22 – 1 to 3:30 p.m., UH Rosenberry Conference Room

Walk with a Doc
Are you a walker? Ready to start? All are invited to join a local physician for a one hour walk. Engage in lively conversation with the “Doc” and ask all your wellness questions. In the event of rain the walk moves inside at the Senior Center in Dover. Free and no registration required.
- June 7 – 4:30 p.m., Tusc. Valley Farmer’s Market
- July 5 – 4:30 p.m., Tusc. Valley Farmer’s Market

HOW TO REGISTER
These events require registration. Call (330) 308-3599 or register online at www.UnionHospital.org/Events

More than 1,300 on the move for 10th ‘Run for Home’

A perfect spring day for running and a record number of participants added up to a fantastic 10th anniversary Union Hospital Run for Home race weekend. More than 1,300 individuals took part in one or more of the weekend events at Tuscora Park in New Philadelphia. The Run for Home weekend began on Saturday, April 1, with the Super Fitness 10K Race and One-Mile Fun Run as well as the Kid’s Run.

The big event was Sunday, April 2, with the running of the Half-Marathon Race, Team Relay and the Five-Mile Walk. The half-marathon followed a 13.1-mile course from Tuscora Park through the streets of New Philadelphia to the Dover City Park, and back to the finish line inside Quaker Stadium.

In its first 10 years, the Union Hospital Run for Home has raised $186,000 for Habitat for Humanity of Tuscarawas County. Union Hospital has been the primary corporate sponsor of the event since it began. The Run for Home organizing committee utilized nearly 200 volunteers over the weekend to direct traffic, register runners, serve food and beverages, and direct runners around the half-marathon course.
Union Hospital says a heartfelt “Thank you and Best Wishes” to Carey Gardner, the recently retired Director of Community Relations. After serving as the “face” of the hospital for 25 years, Carey’s last day was April 14. His contributions to Union Hospital, its staff members and the patients and community it serves have been remarkable, as well as his dedication and professionalism. We salute Carey and wish him and his family the very best in retirement.

Replacing Gardner is Darrin Lautenschleger, who has been the Manager of Marketing Communications at Union Hospital since August 2014. Lautenschleger is a Tuscarawas County native and has more than 25 years of experience in positions as a newspaper reporter and editor, and in public and government affairs. He looks forward to facilitating communication between the hospital and the community. He can be reached by phone (330) 365-3866 or by email darrinl@unionhospital.org.